

What's on in June/July 2019?

Exhibition; Iain Turnbull, 24 June – 21 July



We're excited to welcome Iain Turnbull to show his wonderful

photography at The GALE Centre this June! Iain has been a keen photographer for many years and has a part-time photography and land use consultancy business, working from Balmacara, near Kyle of Lochalsh, and travels the north-west Highlands and Islands looking for inspirational landscapes to photograph.

GALE Befriending Service Launch Event; 10 July, 10.30 – 4pm at The GALE Centre

GALE is delighted to announce that the Highland Hospice Befriending Service, 'Helping Hands' is coming to our area! We are proud to be working with the Highland Hospice to deliver this fantastic, tried and tested scheme!



Would you like to be involved?

We are looking forward to welcoming Susan Smith from Helping Hands to The GALE Centre to explain a bit more about the scheme and it's volunteering opportunities.

For more information please contact Tania@galeteam.co.uk

Dig for Victory of Climate Change



GALE is delighted to be working with the Russian Arctic Convoy Project to bring a small plot outside the Museum in Aultbea

into production to help Raise awareness of how easy it is to grow your own produce.

We are encouraging community and home growing as a useful way to reduce food miles, eat healthily, stay fit both physically and mentally, and connect to our natural world by eating seasonally.

This project is called 'Dig for Victory over Climate Change' and helps provide a part of the solution to our CLIMATE EMERGENCY. By taking small steps such as reducing food miles and plastic packaging, holding community seed swaps, small scale local growing, composting and cropping to improve soil condition we are reducing the dependency on pesticides and chemicals and empowering local people to help reduce our impact on the environment.



The Dig for Victory campaign during wartime encouraged people Nationally to turn any available growing space (especially lawns and

gardens) into a vegetable patch to help supplement wartime rations.

Locally, folk were fairly well catered for by natural wild meat supply of venison, rabbits, fish, and salmon but of course neeps and tatties were the staple, as one local resident here describes:

"Tatties were the main stay to supplement our rations, but turnips were also grown and if folk were feeling really adventurous they diversified into carrots!"

For more info on how you can get involved please contact our outdoor learning team: outdoorlearning@galeteam.co.uk

Both the Russian Arctic Convoy Museum and GALE have a variety of **volunteering opportunities** available! For more details of how you can get involved please contact Tania@galeteam.co.uk

Gairloch and Loch Ewe Planning for Real

We're excited to announce that we are launching a new project to build a new community action plan for the Gairloch and Loch Ewe area!



Planning for Real (PFR) is a nationally recognised community planning process based on a 3D model of a large scale map of the chosen area.

It has been used since the late 1970s as a means for giving local people a 'voice' and professionals a clear idea of local people's needs in order to bring about an improvement to their own neighbourhood or community.

What do you want for your community?

The interactive process allows residents to have 'their say' on a range of issues by placing different cards identifying issues onto the map. It encourages and inspires people to work together to identify priorities, and in partnership with other local community groups and councils, go on to develop an action plan for change!



The photo above is an example of things to come! Once we have the maps printed we will be holding drop in workshops where we'd love people to come and join in with the map building process, painting and colouring, finding your house and sticking it on! What do you want for your community? We're excited to find out!

For updates about the project please like our Facebook page: Gairloch and Loch Ewe Planning for Real. If you would like more information about how you can get involved please contact Louise: planning4real@galeteam.co.uk – We'd love to hear from you!

GALE is a membership organisation open to all. It is a Scottish Registered Charity and works on social, economic and environmental projects that help to build strong, resilient communities in the Gairloch and Loch Ewe area. Become a member to support our work or contact us to find out more about any of our projects.

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